

For All Residents Directly Affected by the San Bruno Fire

San Mateo County Behavioral Health & **Recovery Services Support Group:**

Wednesdays, 6:00 - 7:00 PM

Location: Palos Verdes School School Based Mental Health Office 1290 Commodore Drive, San Bruno (Drop-in basis. No cost to attend. Open to all residents in the affected area)

YMCA Individual/Family Counseling & **Support Groups:**

Youth Service Bureau of the YMCA 1486 Huntington Ave., South SF (650) 877-8642

Call for more information or to schedule an appointment (no cost to attend).

Longer Term Mental Health Needs:

If you have continuing mental health needs, please call:

San Bruno Long Term **Recovery Hotline:**

(877) 773-7229

The San Bruno Long Term Recovery Group is a coalition of non-profits and government agencies working together to provide assistance to the San Bruno Community. San Bruno residents affected by the Glenview fire may call their hotline above for assistance.

For additional mental health resources available in your community, visit www.smhealth.org/bhrs/disasters



For questions about the support groups or other mental health resources, call San Mateo County Behavioral Health and Recovery Services at: (800) 686-0101. (Please identify yo urself as a San Bruno Fire resident).

San Mateo County Behavioral Health and Recovery Services • 225 37th Avenue, San Mateo, CA 94403 • www.smhealth.org/BHRS